

Becket-Chimney Corners YMCA

Travel and Service Programs – Health Memo

ICEP Sweden

About the Program

Our partner in Sweden is the Brevik YMCA Camp. Participants will fly into Stockholm where they will spend their time sightseeing and visiting a local YMCA to run day camp activities for children. The group will spend three full weeks at the Camp Brevik (just outside of Norrköping) international leadership camp where they will be mixed into cabins with Swedish and American campers. Daily activities will focus on cross-cultural communication, leadership development, and of course, fun camp activities. The group will also experience an 8-day canoe trip on the Swedish Archipelago, where participants will sleep outside each night and cook meals over camp stoves or fires. Additionally, campers will work on physical service projects in nearby Norrköping.

For Physicians:

The following information is to aid you in choosing appropriate care for your patient.

- This individual will be traveling in Sweden from July 12th to August 11th, 2024. Based on last year's itinerary, the program will likely include:
- 3-4 nights in and near Stockholm, Sweden in both city and rural locations
- 16-20 nights at Camp Brevik near Norrköping, Sweden at a summer camp (rural/coastal areas)
- 6-8 nights on a canoeing trip in the Swedish Archipelago near Norrköping
- Individuals and their families have been directed to information from the CDC and World Health Organization concerning health risks associated with this destination.
- All participants will self-administer their own medications while traveling.
- Program activities will include but are not limited to hiking, swimming (beachfront and/or pools), manual service projects, challenge/ropes course activities, and camping.
- Aspects of this program can be emotionally/mentally challenging